



Date rec'd:

By:

Behavioral Health Services
14 Maine Street, Ste 301 / Brunswick, ME 04011
Telephone: (207) 373-1140 Fax: (207) 373-1160

MENTAL HEALTH SERVICES REFERRAL FORM

Today's Date: _____ Referred by: _____ Agency: _____ Phone: _____

TYPE OF SERVICE REQUESTING

<input type="checkbox"/> PNMI/Residential	<input type="checkbox"/> CRS ___ needs assistance with finding housing	<input type="checkbox"/> DLSS	
---	--	-------------------------------	--

IDENTIFYING INFORMATION

Name:		Class Member: <input type="checkbox"/> yes <input type="checkbox"/> no		Unique Identifier assigned: <small>(VOA staff only)</small>
Birth Date: / / Age:	Sex: <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> TG	<input type="checkbox"/> single <input type="checkbox"/> married <input type="checkbox"/> Divorced <input type="checkbox"/> separated <input type="checkbox"/> veteran		
Current Address:		Mailing address (if different):		
Phone:	Next of Kin or contact person, address and phone:			
Occupation:	Employer/Day program:			
Highest level of education achieved:	Address:		Phone:	
Legal Status: <input type="checkbox"/> own guardian <input type="checkbox"/> full public/private guardian <input type="checkbox"/> limited public/private guardian Describe:	Guardian Name:			
	Address:		Phone:	

FINANCIAL

SS#			Maine Care <input type="checkbox"/> yes <input type="checkbox"/> no #:
Medicare <input type="checkbox"/> yes <input type="checkbox"/> no #			Medicare Part D <input type="checkbox"/> yes <input type="checkbox"/> no Provider:
Payee/Conservator Name: Address/Phone:			Employment Status:
Income Source	Amount	Frequency	Advanced directives on file <input type="checkbox"/> yes <input type="checkbox"/> no
			Life insurance
			Bank Accounts(s)

CONTACTS

Primary Care Phys:	Address/phone:
Psychiatrist/diagnosing clinician:	Address/phone:
Case Manager:	Address/phone:

PRESENTING PROBLEMS

Current Diagnosis, by:		on (date):
Diagnosis/Code		
Axis I Axis II Axis III	Axis IV GAF	
When, approximately, did these problems begin:		
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> Signature of Diagnosing Clinician <small>(must be MD, LCSW, LMSW, LCPC, PHd, APRN, NPC or DO)</small> </div> <div style="width: 45%;"> Date diagnosis administered <small>(must be made within the last 12 months)</small> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> PLEASE PRINT NAME AND CREDENTIAL </div> <div style="width: 45%;"> Agency/Facility/Practice </div> </div>		

STRENGTHS/NEEDS

Briefly describe current STRENGTHS:			
Briefly describe current NEEDS including consumer's and guardian's perspective:			
Check all below that apply			
<input type="checkbox"/> Housing <input type="checkbox"/> Financial <input type="checkbox"/> Medical <input type="checkbox"/> Emotional <input type="checkbox"/> Adaptive equipment <input type="checkbox"/> Dental <input type="checkbox"/> Nutrition/dietary <input type="checkbox"/> Mobility <input type="checkbox"/> Advocacy/ understanding rights	<input type="checkbox"/> Behavioral <input type="checkbox"/> Food <input type="checkbox"/> Clothing <input type="checkbox"/> Transportation <input type="checkbox"/> Speech/Hearing <input type="checkbox"/> Nursing <input type="checkbox"/> Housekeeping <input type="checkbox"/> Memory <input type="checkbox"/> Personal Safety	<input type="checkbox"/> Vocational <input type="checkbox"/> Social/interpersonal <input type="checkbox"/> Family <input type="checkbox"/> Criminal Justice <input type="checkbox"/> Sensory Integration <input type="checkbox"/> Chronic Illness <input type="checkbox"/> Hygiene/personal care <input type="checkbox"/> Other healthcare <input type="checkbox"/> Criminal Justice	<input type="checkbox"/> Communication <input type="checkbox"/> Social Services <input type="checkbox"/> Church/Spirituality <input type="checkbox"/> Child Care <input type="checkbox"/> Vision <input type="checkbox"/> Medication admin. <input type="checkbox"/> Phone/Corresp. <input type="checkbox"/> Educational <input type="checkbox"/> Sexuality
Likely to require crisis services? <input type="checkbox"/> yes <input type="checkbox"/> no			
<small>*Attach or request copy of current crisis plan if there is one.</small>			

Psychiatric/Psychological history (include when symptoms were first identified; previous hospitalizations, crisis events; ability to access services needed etc.)

Therapy/Counseling: _____

Psychiatric Hospitalization: _____

Other: _____

Are you currently attending a self-help group? ☐ Yes ☐ No If yes, what: _____

Past and current drug/alcohol use

Substance Abuse Outpatient Counseling: _____

Substance Abuse Detoxification: _____

Substance Abuse Inpatient Rehabilitation: _____

VOA STAFF USE ONLY:

SCREENING AND ELIGIBILITY FOR SERVICE

SECTION 97 – Must be eligible for MaineCare, have a CSW and:

<input type="checkbox"/> age 18yrs or older	<input type="checkbox"/> Axis I diagnosis* (severe and persistent)	<input type="checkbox"/> Medications (self or supervised)
<input type="checkbox"/> Current letter of medical necessity on file	<input type="checkbox"/> Referral identifies how this service would benefit indiv.	<input type="checkbox"/> Psychiatric hospitalizations (repeated or prolonged >1 yr)
<input type="checkbox"/> Inability to function w/o intensive support or training	<input type="checkbox"/> No suicidal/assaultive behavior for at least 30 days	<input type="checkbox"/> Eligibility for Maine Care verified

SECTION 17 – Must be MaineCare eligible. For CRS/DLSS the consumer must have an Axis I diagnosis* and at least one of the following risk factors.

<input type="checkbox"/> Has become homeless or is at risk of losing his/her current residence	<input type="checkbox"/> is causing repeated disturbances in the community because of poor judgment, or bizarre, intrusive, or ineffective behavior.	<input type="checkbox"/> Is at great risk of arrest because of behavior which results from his/her psychiatric diagnosis, or is presently incarcerated because of such behavior.
<input type="checkbox"/> Presents a clear risk of harming self or others with Community Support Services.	<input type="checkbox"/> Manifests great difficulty in caring for self, posing a threat to his/her life or limb, without Community Support Services.	<input type="checkbox"/> Would deteriorate clinically to a point of needing immediate medical or psychiatric hospitalization in the absence of prompt Community Support Services.

*Please note that the primary diagnosis must be other than:

- a. Delirium, dementia, amnesiac, and other cognitive disorders/
- b. Mental disorders due to a general medical condition, including neurological conditions and brain injuries;
- c. Substance abuse or dependence;
- d. Mental retardation;
- e. Adjustment disorders; V-codes; or
- f. Antisocial personality disorders.

Eligible ☐ yes ☐ no **Accepted:** ☐ PNMI/Residential ☐ CRS ☐ DLSS ☐ Wait list

☐ response sent/date: _____

Signature: _____