Start the ripples of change. Change one. Change many.

2010 Calendar
I’m very pleased to report that Volunteers of America, Utah’s 150 staff members and over 1,000 volunteers touched the lives of over 11,000 people in Utah last fiscal year. With your help, we will be a safety net and help people gain personal stability and hope to ripples of change in their lives.

When an outreach worker gives a homeless person a blanket, the ripple starts…

When a woman and her infant step through the door at the Center for Women and Children asking for help to get sober, the ripple starts…

When a therapist is introduced to an adolescent suffering drug addiction, the ripple starts…

When a volunteer sits with someone in need without judging them, the ripple starts…

When a police officer brings an intoxicated man to Adult Detoxification for help instead of to jail, the ripple starts…

When someone in the community sends an e-mail to a local official about an issue they feel strongly about, the ripple starts…

In the center of the ripple, crisis intervention and healing begin. We offer care and comfort, truth and accountability. With community help, we have resources to address the complex needs in peoples’ lives. We feed them, house them, watch out for their safety, listen to them, stabilize mental health conditions and help them make a plan for next steps. As people strengthen, they take positive steps into the community with hope for their future and the ripple widens.

The ripple widens for the family of the man who was living on the Jordan River for years and now has an apartment and care. Now the family knows he is not cold tonight.

The ripple widens when a woman who was beaten by the man she loves is now safe in her own home.

The ripple widens when a young homeless girl moves into the Transition Home and gets a job.

This past year, we offered winter emergency shelter to homeless young women for the first time, extended hours at our homeless youth drop-in center and we added to our jail diversion efforts and launched couples counseling when appropriate in our domestic violence program.

We hope you will continue to support our efforts as we address issues related to poverty and help people build healthy relationships. Thank you for your trust.

Kathy Bray, President & CEO

Start the Ripples of Change…

Kathy Bray - President & CEO
Jason Burrow-Sanchez - Board Member
Nicole Cushing - Treasurer
Jim Dreyfous - Board Member
Laura Hadley - Board Member
Lorraine Jones - Board Member
Robert Lake - Chair Elect
Timothy May - Chair
Rob Millard - Board Member
Dena Ned - Board Member
George Nikopoulos - Board Member
Donald Russell - Secretary
Christopher Stock - Board Member
Barbara Sullivan - Local & National Board Member

Executive Committee: left to right, Nicole Cushing, Mark Manazer, Karen Keene, Tim May, Kathy Bray, Sam Stephens, Don Russell, Bob Lake.
Mission
Volunteers of America, Utah is a ministry of service organized to reach and uplift those in greatest need and to provide opportunities to experience the joy of serving others.

Vision
To go where we are needed the most and do what most needs doing; to seek out the needy and minister to their needs; to help those who cannot yet help themselves; to embrace and include the excluded and outcast; and to do these things with faith in God and humankind.

Programs and Services

Homeless Outreach Program
Homeless Youth Resource Center
  Drop-In Center for Homeless Youth
  Street Outreach for Homeless Youth
  Transition Home for Young Women
Detoxification Services
  Adult Detoxification Program
  Jail Diversion Program
  The Center for Women and Children
Cornerstone Counseling Center
  Adolescent Substance Abuse Counseling
  Domestic Violence Counseling
  Housing Services
  Prevention Programs
  Substance Abuse Outpatient Treatment
Senior Corps Services
  RSVP (Retired Senior Volunteer Program)
  FGP (Foster Grandparent Program)
Special Projects
  Red Rock Readers Program
  I Remember Mama

www.voaut.org
Volunteers

“When a volunteer sits with someone in need without judging them, the ripple starts…”

People who volunteer with Volunteers of America, Utah are some of the most energetic and caring people in the country. Whether they are preparing a meal for a homeless young person, sorting clothing donations or tackling a building project, their hearts are always open to the experience.

Volunteers contribute in many ways to our Salt Lake County programs. They support those in greatest need in our community and bring hope to thousands. Volunteering helps change the lives of the people served and the lives of the volunteers.

To see a list of volunteer opportunities or sign up to be a volunteer go to www.voaut.org or call 801-519-9721.

2008-2009
1,070 Volunteers
5,863 Hours served.
“When an outreach worker gives a homeless person a blanket, the ripple starts…”

In the summer heat and winter snow, many homeless individuals in our community struggle to find a place to take shelter. Disabilities, mental illness, alcoholism, language barriers, poverty, traumatic histories or lack of knowledge force many into a life on the streets.

Volunteers of America, Utah’s Homeless Outreach team provides relief from the struggle by handing out basic need items and offering support. Once outreach workers meet someone on the streets and help them with food, clothing or a sleeping bag they encourage them to accept additional services. Staff offer transport to shelters, medical services, the detoxification facility or mental health services.

Case managers work with individuals toward finding housing and needed services. Case managers are currently working with newly housed individuals through Pathways (scattered site housing), Grace Mary Manor and Palmer Court apartment communities.

In addition, our Circle of Hope program continues to help Native Americans address the cultural and spiritual needs surrounding homelessness and substance abuse.

2008-2009
1,371 Individuals served
9,412 Items distributed and/or services performed
1,064 Transports were provided
117 Circle of Hope participants
When a staff member smiles at a young person who walks into the homeless youth center for the first time, the ripple starts...

Taking a hot shower, washing clothes and eating a warm meal are everyday activities for most of us. For kids living on the streets these are necessary resources. Volunteers of America, Utah's Homeless Youth Drop-In Center offers young people ages 15-22 a safe place to take shelter from the harsh streets, five days a week.

In addition to basic needs, the Drop-In Center offers case management services which include life skills training, housing assistance, GED programs, parenting classes, job search assistance and much more.

2008-2009 Drop-In Center
683 Individuals served
83,433 Basic need items provided
2,618 Referrals to other social service providers

More than 900 young people are living on the streets of Salt Lake County. They become homeless for a variety of reasons; some have suffered abuse in their home, many are forced to leave because of financial hardship, several have aged out of foster care and others were asked to leave after telling their parents they are gay. Regardless of the reason the Volunteers of America, Utah Street Outreach team is there to help.

The Street Outreach van cruises the Salt Lake area seeking out homeless young people. When they meet, they provide them with basic survival items. They provide food and clothing, sleeping bags or tents and encourage youth to come to the Homeless Youth Drop-In Center for meals, support and comfort.

2008-2009 Street Outreach Program
428 Individuals served
13,690 Basic need items provided
1,118 Referrals to other social service providers
Transitions Home for Young Women

“When a young, homeless girl is provided with her own room and homelike environment, the ripple starts...”

Volunteers of America, Utah’s Transition Home for young women is a safe haven in a complicated world. The house allows homeless women ages 16-19 to live and learn in a community setting. With support of staff the girls set goals, learn life skills and prepare to reunite with family or move into stable housing.

Young women at the Transition Home go to school, have jobs, and stay in touch with family. These things might not have been possible in their previous environments. The stability and security of the house helps them learn to make responsible decisions. This type of atmosphere has a profound impact on the future of these young women.

2008-2009
17 Individuals served
61% Moved into permanent housing and reached self sufficiency
“When a woman and her infant step through the door at the Center for Women and Children asking for help to get sober, the ripple starts…”

The Center for Women and Children is celebrating 10 years of helping women get their lives back this year. This 30 bed residential detoxification center helps homeless women through the difficult process of detoxifying from drugs and alcohol. Being able to bring their kids, up to age 10, with them takes one of the barriers to recovery out of the way.

Clients at the Center for Women and Children are treated with dignity and respect and are encouraged to make positive, lasting changes in their lives. While staying at the facility clients are monitored for medical problems and assessed for further treatment and services. The staff nurtures the children and the mothers, creating a healing environment for both.

Women with or without children can stay with Volunteers of America, Utah while attending outpatient substance abuse treatment or while awaiting a bed in a residential program.

2008-2009
406 Women served
50 Children served
568 Total admissions
99 Women accepted referral to substance abuse treatment
“When a police officer brings an intoxicated man to Adult Detoxification for help instead of to jail, the ripple starts…”

At Volunteers of America, Utah’s Adult Detoxification facility our staff offer compassion, support and encouragement to those being served. Detoxification is the first step in helping individuals with drug addiction and alcoholism get on the road to recovery.

For 23 years this 56 bed facility has operated 24 hours a day, every day of the year. While staying at the facility clients are monitored for medical problems and assessed for further treatment and services. Clients are treated with dignity and respect and are encouraged to make positive changes in their lives.

2008-2009 Adult Detoxification
1,731 Individuals served
3,414 Total admissions
425 People accepted referral to substance abuse treatment

Started in 2008 the Jail Diversion pilot project is proving to be a valuable tool for police in the Salt Lake County area. Volunteers of America, Utah reserves 10 beds for publicly intoxicated people. Police can call for a pick-up or bring public inebriates to our center for help. This jail alternative places people in an environment of recovery and change.

2008-2009 Jail Diversion Program
307 Individuals served
807 Hours of police time saved
87% of participants would have been jailed otherwise
When a therapist is introduced to an adolescent suffering drug addiction, the ripple starts…”

For 40 years Cornerstone Counseling Center has been providing exceptional service to thousands of people in our community. When they joined Volunteers of America, Utah in 2008 it was a reason to celebrate. Cornerstone Counseling Center offers a wide variety of substance abuse treatment programs, domestic violence counseling and the State’s largest drug prevention program in area schools.

Cornerstone also offers a unique Children’s Care Center so parents can feel confident that their kids are being taken care of while they get the help they need to live a better life. In 2008-2009 The Children’s Care Center served 396 kids.

Known for exceptional care and professional staff Cornerstone is an affordable option for more than 1,000 Salt Lake County residents every year.

Programs and Services
Domestic Violence Counseling
Housing Case Management
Prevention
Substance Abuse Treatment
“When someone decides that they are worth the effort it takes to stay clean and sober, the ripple starts...”

Whether someone needs an intensive substance abuse program, once a week counseling or a group environment, it can be found through Cornerstone Counseling Center. Therapists work to help clients resolve issues surrounding their drug and/or alcohol use and help them discover ways to maintain sobriety.

Services are provided for adults and adolescents. Special services for women with children are also available. Substance abuse treatment programs at Cornerstone Counseling Center are designed to support and maintain the family unit.

2008-2009
674 Adults served
222 Adolescents served
“When a housing case manager starts the housing application process with a client, the ripple starts...”

Volunteers of America, Utah's Housing Program helps homeless individuals find permanent housing and supportive case management services. Having affordable and appropriate housing helps individuals maintain their sobriety and move on to self-sufficiency.

2008-2009
105 Families/individuals served

Chronically Homeless Case Management

Volunteers of America, Utah provides specialized case management services to individuals who have experienced chronic homelessness (an unaccompanied disabled individual who has been continuously homeless for over one year.). Case managers work with residents to assess their needs and develop individualized case plans. They connect residents with community resources, provide transportation, support and help them navigate the complex system of benefit providers. By being on-site, the case managers are also able to help residents develop household management skills, strategies for resolving conflicts, and techniques for maintaining their apartments.

2008-2009
On average 75 chronically homeless households per month received case management.
“When a child is shown respect and care, the ripple starts...”

Prevention services at Cornerstone Counseling Center provide a variety of trainings to students as they progress from elementary to junior high school. Programs are based on thorough research of current literature. Prevention interventions are developed to address developmental, environmental, and social factors appropriate for each age level and are carefully evaluated to assess their effectiveness.

Programs focus on increasing protective factors such as life skills for youth and their families including: peer-social relations, school adjustment and success, healthy lifestyles, decision making, parenting skills, personal self-management skills and opportunities for pro-social involvement. Early intervention, demonstrated effectiveness, and family involvement make these award-winning programs unique.

2008-2009
1,092 People attended Sixth Sense courses
471 People attended Voices courses
735 People attended Living Skills courses
718 People attended Life Skills training
369 People attended Families Plus
50 People attended Families Growing Together courses

Total # of lives touched by Prevention Service = 3,435
Domestic Violence Counseling

“When a woman walks away from her abuser, the ripple starts...”

The goal of the Domestic Violence/Mental Health team is to provide intensive treatment for perpetrators, adult and child survivors of abuse, as well as those who suffer from general mental health conditions. Available modes of therapy include individual and group psychotherapy, child play therapy, couples, marriage, and family therapy.

Our focus is to aid the individual in overcoming the devastating impact of domestic abuse, to treat the resulting psychological conditions, and improve the persons’ overall quality of life.

Beyond individual psychotherapy, there are several different treatment options for the adult survivor of domestic abuse. In particular, groups focus on treating the symptoms of Post-traumatic stress that often result from the abuse.

Treatment reestablishes a sense of safety for families, improves the sense of self for the individual and fosters hope and healing.

2008-2009
24 Mother’s served
33 Children witnesses served
174 Perpetrators served
103 Domestic Violence victims served
"When a senior decides to give of their valuable time and talents to volunteer, the ripple starts..."

After years of working and raising families many seniors are looking for a way to give back and share a lifetime of experiences with others. RSVP (Retired and Senior Volunteer Program) provides opportunities for people 55 and older to serve in local organizations in several counties in Utah. Volunteers use their life experience to tutor, mentor and assist in hospitals, schools and community centers. RSVP currently operates programs in Davis, Emery and Tooele Counties. These dedicated volunteers spend thousands of hours a year giving back.

**2008-2009 RSVP**
647 Volunteers
118,050 Hours of service provided

FGP (Foster Grandparent Program) offers a unique volunteering experience for seniors. Foster Grandparents are individuals 55 years of age and older with limited income, who love children and can volunteer 15 to 40 hours each week during the school year. Foster Grandparent volunteers serve at-risk children in schools and Head Start Centers by giving much needed attention and encouragement to help children develop skills, confidence and strength for success in life. FGP provides volunteer opportunities in Tooele, Carbon, Grand, Emery and San Juan Counties.

**2008-2009 FGP**
51 Volunteers
34,567 Hours of service provided
### Financial Statement - July 1, 2008 to June 30, 2009

#### Assets
- **Current Assets**
  - Cash & Cash Equivalents: $1,322,595
  - Grants & Pledges Receivable: $609,182
  - Other Current Assets: $188,033
  - **Total Current Assets**: $2,119,810

- **Property and Equipment**
  - Land, buildings & improvements: $2,380,253
  - Furniture and equipment: $1,248,853
  - Accumulated depreciation: ($1,640,536)
  - **Total Property and Equipment**: $1,988,570

- **Other Assets**
  - Long-Term Assets: $167,667
  - **Total Other Assets**: $167,667

- **Total Assets**: $4,276,047

#### Liabilities & Net Assets
- **Current Liabilities**
  - Accounts payable & accrued exp: $147,705
  - Accrued Expenses: $382,713
  - Notes Payable, Current Portion: $36,322
  - **Total Current Liabilities**: $566,740

- **Long-Term Liabilities**
  - Notes Payable: $209,246
  - **Total Long-Term Liabilities**: $209,246

- **Total Liabilities**: $775,986

- **Net Assets**
  - Unrestricted: $3,340,077
  - Temporarily Restricted: $159,984
  - **Total Net Assets**: $3,500,061

- **Total Liabilities and Net Assets**: $4,276,047

#### Statement of Activities
- **Revenue**
  - Public Support: $902,131
  - In-Kind Contributions: $460,450
  - United Way Grants: $330,156
  - Government Agency Grants: $5,402,875
  - Other Revenue: $136,257
  - **Total Revenue**: $7,231,869

- **Expenses**
  - Encouraging Positive Development: $835,256
  - Fostering Independence: $706,948
  - Promoting Self Sufficiency: $4,302,189
  - **Total Program Expenses**: $5,844,393

- **Supporting Services**
  - Management and General: $925,930
  - Fundraising: $359,349
  - **Total Supporting Services**: $1,285,279

- **Total Operating Expenses**: $7,129,672

- **Change in Net Assets**: $102,197

- **Net Assets at Beginning of Year**: $3,397,864
  - **Net Assets at End of Year**: $3,500,061

### Contact Us

#### Volunteers of America, Utah Administrative Office
- 511 West 200 South, #160
- Salt Lake City, UT 84101
- 801-363-9414

#### Cornerstone Counseling Center
- 660 South 200 East, #308
- Salt Lake City, UT 84111
- 801-355-2846

#### Homeless Outreach Program
- 415 West 400 South
- Salt Lake City, UT 84101
- 801-519-9721

#### Homeless Youth Resource Center
- 655 South State Street
- Salt Lake City, UT 84111
- 801-364-0744

#### Day Treatment and Housing
- 660 South 200 East, #308
- Salt Lake City, UT 84111
- 801-355-1528

#### Transition Home
- 718 South 600 East
- Salt Lake City, UT 84102
- 801-359-5545

#### Senior Corps Services
- **Davis County**
  - 140 East Center Street
  - Clearfield, UT 84015
  - 801-779-1287

- **Tooele County**
  - 435-882-3154

- **San Juan & Grand Counties**
  - PO Box 545
  - Bluff, UT 84512
  - 435-672-2243

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[www.voaut.org](http://www.voaut.org)
### Contributors of $100+ from July 1, 2008 to June 30, 2009
